



**Community Group Study: The Bread of Life**  
I AM - part 1 | John 6:25-51 | week of November 19

**GETTING STARTED**

- Have you ever done an “official” diet before? Who told you to try it? Were you right to trust their advice on what you should and should not eat?

**Read John 6:25-41.**

**DISCUSS & APPLY**

- Why is the miracle Jesus performed in John 6:1-15 relevant to 6:25-40?
- In what way(s) is Jesus like manna from the Old Testament (Ex 16.31) in the following verses?
  - John 6:25-34
  - John 6:41-51
- In what way(s) is Jesus unlike manna from the Old Testament (Ex 16.31) in the following verses?
  - John 6:25-34
  - John 6:35-40
  - John 6:41-51

- In what ways are the Jews in John 6:25-51 similar to the Jews in Numbers 11?
- In what ways are you, personally, like the Jews in those passages?
- How would our church be different if we all found our satisfaction in Christ?
- How would your home be different if you found all your satisfaction in Christ?
- What are the “tantalizing” temptations that draw you away from the Bread of Life? How have those temptations left you dissatisfied when you’ve given into them?
- Charles Spurgeon wrote, “To lose all but Christ is to lose nothing at all.” What holds you back from agreeing wholeheartedly with him?

#### **NEXT STEPS**

- Reconsider how your family celebrates Thanksgiving. What is one change you could make in the way you celebrate this year that would reflect on the all-satisfying nature of Christ?