

Just Say...

-Just Say... 'Yes'-

Ice-Breaker:

Share a time when someone gave you a promise, and either fulfilled or did not fulfill that promise. How did that experience impact your life (positively or negatively)?

Questions:

1. Read 2 Corinthians 1:18-20. What is Paul communicating in this passage? How are all of God's promises a 'yes' in Jesus Christ?
2. Read 2 Peter 1:3-4. What is the purpose of God's promises according to this passage?
3. Divide the following passages among the group, and have each person, in turn, read their verse(s) aloud: Joshua 1:9; Psalm 32:8; Matthew 11:28-29; Romans 8:1-2; Romans 8:28; Colossians 3:3-4; 2 Timothy 1:7 and 1 John 1:9.
 - Which one of God's promises is the most relevant to you at this time and why?
 - What happens when we believe that God keeps all of His promises?
4. Consider the following areas where God instructs us to say 'yes'...
 - the 'yes' of good will (encouraging people)
 - the 'yes' of acknowledging people (greeting people)
 - the 'yes' of making way (humbly putting other people's interests ahead of your own)
 - the 'yes' of serving (sacrificing your time and effort for others)
 - the 'yes' of joy (maintaining a positive spirit regardless of your circumstances)
 - Which of the above would you say is your strongest area and how do you practice it?
 - Which of the above would you say is your weakest area and what is one action step you might take to improve in that area?
5. Read Revelation 22:20-21. In the Hebrew language, the word '*amen*' is an emotionally-charged 'yes' or '*so be it.*' How does the meaning of '*amen*' amplify this last passage of the Bible? How does this definition give new meaning to your own prayers?

Application:

Write the word 'yes' down on a card and put it on the nightstand next to your bed. When you wake up, let your first thought every morning be a joyful 'yes!' Think about what a blessing it is to be alive and loved by God. Ask God to guide you throughout the day, invite Him into every task and encounter that day, and ask Him to show you how to say 'yes' to Him and to the people with whom you interact.