



Listening Guide, Sunday, October 8, 2017

Series: Following Jesus

Sabbath Rest

Luke 6:1-11 - On a Sabbath, while he was going through the grainfields, his disciples plucked and ate some heads of grain, rubbing them in their hands. ² But some of the Pharisees said, "Why are you doing what is not lawful to do on the Sabbath?" ³ And Jesus answered them, "Have you not read what David did when he was hungry, he and those who were with him: ⁴ how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?" ⁵ And he said to them, "The Son of Man is lord of the Sabbath."

⁶ On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. ⁷ And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him. ⁸ But he knew their thoughts, and he said to the man with the withered hand, "Come and stand here." And he rose and stood there. ⁹ And Jesus said to them, "I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?" ¹⁰ And after looking around at them all he said to him, "Stretch out your hand." And he did so, and his hand was restored. ¹¹ But they were filled with fury and discussed with one another what they might do to Jesus.

Sabbath =

I. Jesus is _____.

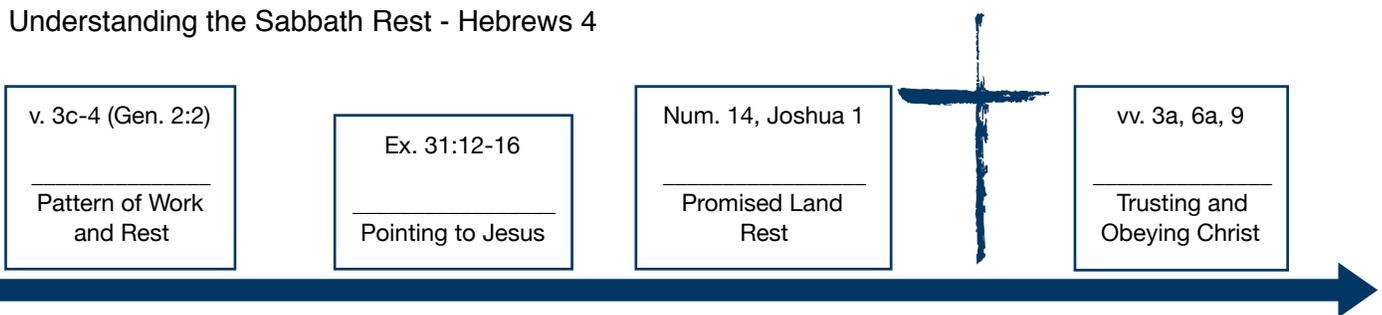
The point of comparison is not breaking the law, but the exemption that the Pharisees granted David because He was David.

Mark 7:1-13

Don't elevate your _____ to the level of God's Law.

II. Jesus is our _____.

Understanding the Sabbath Rest - Hebrews 4



Be sure you are _____ in Christ.

Are we obligated to keep the ceremonial Sabbath Laws of the Old Testament? Colossians 2:16-17, Galatians 4:9-10; 5:1-6

Romans 14:5-6 cf., 1 Thessalonians 4:3-8

III. Jesus roots out _____ (6-11)

Mark 7:8-13

Obey with _____, not with hypocrisy.

Application Guide, Sunday, October 8, 2017
Series: *Following Jesus* - Sermon: *Sabbath Rest*
Text: Luke 6:1-11

Home Group Questions

These questions are provided for your further study and application of today's sermon.

Large Group

1. Was there any passage of scripture or statement in the message today that was particularly meaningful or applicable to you?

Small Group

2. Read **Mark 7:1-9**. What are some of the traditions you have put in place that strengthen your walk with Christ? How do you respond when you cannot observe those traditions? Or when others don't value your traditions? How can you keep from elevating traditions to the level of God's commands?
3. Read **Romans 14:1-9**. How can you keep from passing judgment on those who have differing convictions than you do?
4. Read **Mark 7:9-13**. Describe in your own words the hypocrisy of the Pharisees in this passage. What are some of the traditions we hold to that supplant genuine worship? How can you make sure that your obedience to God is motivated by love for Him, rather than by pride?