



STUDY GUIDE

# Resurrection and the Mind

1 Corinthians 6.9-20

## WELCOME & SHARING

Share announcements...

- Flying Pig Weekend May 6th & 7th

The first weekend in May is the weekend of the Flying Pig marathon. It's a big celebration and event in our city and a fun weekend at New City as well. We worship on SATURDAY May 6th at 4:30p and then have a big meal together of Eli's BBQ and then on Sunday morning we don't have any of our normal worship gatherings but we staff the mile 10 hydration station in Hyde Park handing out water and gatorade to runners. It's a fun and great way to serve the runners of our city. You do need to register online with the flying pig. See the website for more details.

- Intro to New City Saturday, May 20th 8a-noon

Intro to New City is a seminar designed to help you get to know the church a little better: hear the story of the church's origins, our Vision, Values, Beliefs, and Philosophy of ministry, some things that are distinctive about New City, etc. It also provides a basic framework for understanding the gospel, and the church's role in God's plan of redemption.

Intro to New City is a pre-requisite to membership at New City, however, attending the seminar does *not* commit you to membership. It's something we hope all regulars at New City will experience and if nothing else you get some free food and books! If you need **childcare** for the class we will be glad to provide it.

- Plans for winding down

You may want to begin talking about your plan for finishing up and finishing well. This might mean planning an end of the year party in June or talking about which dates will be your last. Take a few minutes to remember and celebrate memories from the year and the way God has worked in and through your group.

## STUDY/DISCUSSION

**Opener Question:** Describe your ideal spring Saturday. Where would you go? What would you do? Who would you do it with?

Though Christmas gets more acclaim in our culture, Easter is *the principal* Christian holiday. The resurrection of Jesus Christ changes everything. Over the next few months we're going to be talking about the implications of the resurrection for our lives.

### Read 1 Corinthians 6.9-20

1. On Sunday Josh talked about a theology of the body. See if you can talk through the big outline of the Bible (Creation, Fall, Redemption, Restoration) and reflect on how our physical bodies play a part.

*HINT: There is much more that can be said, but here's an ever-so brief cheat sheet.*

- *Creation: We are embodied beings, made with physicality.*

- *Fall: Sin distorted not just our minds and hearts, but our bodies too.*

- *Redemption: Jesus Christ took on a body, did ministry in the body, and came to save the body.*

- *Restoration: "And God raised the Lord and will raise us up by his power" (v.16).*

2. What "misdirections of the body" does Paul mention in verses 9-10. Which of these are most prevalent today?
3. What new identity does Paul call us to live out of in verse 11?
4. What objections does Paul anticipate from the Corinthians in verses 12-13? How does he answer them?
5. Why is misusing our bodies sexually especially dangerous (v.15-18)?
6. Where do you need to have a more biblical view of the body as a place of glory?

*HINT: Greg Thompson says when we look at children with wonder and joy, it's one of the few times we look on the body like God does. How can you grow in viewing your own body in this way?*

7. Where do you need to the work of the redirection of the body?

*HINT: If the context permits, you might mention some of the things we talked about on Sunday — sex, alcohol, food.*

8. How can we as a community encourage one another in this work?

NEIGHBORING EXPERIMENT: Become a “regular.” Pick a place and frequent it (@ least once a week). I.e. a coffee shop, park, grocery store (pick the same cashier), gym, etc.

## **PRAYER**

*Take some time and pray together:* You can pray as a large group, break into smaller groups, split up into men and women, etc. If you share prayer requests, post them to the City so that your group can continue to be praying for each other.