

**“Don’t Worry”  
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**Matthew 6:24-34 (ESV)**

**UNDERSTANDING JESUS’ “DO NOT WORRY”**

**Q1:** To whom is Jesus saying, “Do not worry?”

**A1:** Jesus is speaking to those who put **God’s will and God’s ways** first in their lives (v. 33a).

- The “kingdom of God” is the reign and rule of God over everything (Matthew 6:10). God’s “righteousness” is his standard for our lives.

**Q2:** What is Jesus promising us when we put God’s will and God’s ways first?

**A2:** Jesus is promising to care for us so that we are **not at a disadvantage** (v. 33b).

**Q3:** In light of Jesus’ promise, what is his command?

**A3:** Jesus commands us to **not worry** (vv. 25-32).

- When in doubt, remind yourself, “*I am more precious than a bird, more valuable than a flower*” (vv. 26-30).

**Q4:** What are we to do in the meantime?

**A4:** **Trust** today to God’s care and leave tomorrow in God’s hand (vv. 34, 30).

- To worry over what has not happened is a total waste of mental and emotional energy (v. 27).
- Ultimately, worry is a denial of God as our heavenly Father and his wise, generous, purposeful rule over our lives.

**CENTRAL TRUTH**

Don’t worry; God will never let you be at a disadvantage for putting him first.