

Preparing Your Heart to Put Sin to Death

2 Chronicles 34 | Pages 385-386 in the Church Bibles

The Actions of a Man Whose Heart Was Tender

1. He humbled himself before the Lord, both inwardly and outwardly.

The Actions of a Man Whose Heart Was Tender

1. He humbled himself before the LORD, both inwardly and outwardly.
2. He wept before the LORD.

Humble yourself
before the Lord.

“Just as in every well-formed child there is every muscle and sinew, and nerve and bone, although all are far from being developed, yet they are there; so in each Christian there exists humility, with all the kindred graces, though it is as yet in some scarcely perceptible, and in others is far removed from perfection...”

–Charles Spurgeon

“Let us have before our eyes the picture of old Adam, our sinful nature: how we are drawn away by every object; how ready to be proud of anything; how unable to resist the least sin; how ready to be cast down under every affliction; that we cannot rejoice in any blessing; that we have no strength of ourselves to perform any good or suffer ill; in a word, how that we carry a nature about us indisposed to good, and prone to all evil.”

–Richard Sibbes

Weep before the Lord
over your sins and the
sins of others.

“In my morning devotions, my soul was exceedingly melted, and bitterly mourned over my exceeding sinfulness and vileness. I never before had felt so pungent and deep a sense of the odious nature of sin as at this time. My soul was then unusually carried forth in love to God and had a lively sense of God’s love to me. And this love and hope, at that time, cast out fear.”

—*The Diary of David Brainerd*, Oct. 18, 1740

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men,

we acknowledge and bewail our manifold sins and wickedness....

The remembrance of them is *grievous* unto us; the *burden* of them is *intolerable*.

Have mercy upon us, have mercy upon us, most merciful Father....”

–The Book of Common Prayer

“Gold is the finest and most solid of all the metals, yet it is the soonest melted in the fire.

Gracious hearts, which are golden hearts, are the soonest melted into tears by the fire of God’s love.”

–Thomas Watson

How do self-humbling
and weeping fit with
the gospel?

“Joy in God spells sorrow over sin.

Sorrow over sin spells joy in God.”

–Henry Krabbendam