LEARN

What stood out to you from the sermon on Sunday? What was most helpful, encouraging or challenging to your walk with Christ?

Why is it important that a person's mind and body be cleansed and washed by God?

(We sin in our mind and heart as well as the deeds we perform in the body. God cares not only about inward change but outward, bodily demonstration of a changed life. Salvation impacts our thinking, motivations, and actions)

In verse 23 we are told to "hold fast to the confession of our hope without wavering". What is "our hope"? As a group, discuss different aspects of the hope of the gospel.

(Bring up categories such as forgiveness, eternal life, reconciliation, redemption, new life, joy, peace, the Holy Spirit, God's faithfulness, knowing God. Simply put, our hope is Jesus – who he is, what he has done)

PRACTICE

What does it look like, in real daily life, to...

(Leader: go one statement at a time, drawing out practical actions and attitudes so your people are encouraged that that are putting into practice these commands)

- ... draw near with a true heart and full assurance of faith? (i.e. prayer, worship, confession)
- ... hold fast the confession of our hope without wavering? (i.e. know the Word, learn biblical doctrine)
- ... stir one another up to love and good works? (i.e. encourage, exhort, hold accountable in love)

Why should commitment to attending church matter so much to Christians? How would you encourage another Christian to be more consistent in being at church?

CHANGE

Is there an attitude about church attendance that needs to change in your heart? Discuss where that attitude comes from and spend time in prayer asking God to change you.

What is 1-2 ways you prepare for church on Sunday morning? If there is no preparation yet, what is something you will commit to doing regularly before coming to church?

(Options could include praying for your heart, your family, for the whole church, for the preaching of the Word, for non-believers to be saved, etc. Be in the Word. Leave early for church to fellowship and be ready. Suggest getting the Spotify Playlist updated weekly by "HBCSacramento" called "HBCS Weekend Worship" to listen to songs we'll sing together.)