

**LEARN**

Read Luke 22:7-23. What stood out to you from the sermon on Sunday? What was most helpful, encouraging or challenging to your walk with Christ?

Why is it important that Jesus instituted communion (“The Lord’s Supper”) during Passover? What did he do to the Passover meal for his disciples?

What difference does it make that Jesus told his disciples he was establishing the new covenant in his blood?

Read Hebrews 9 verses 12-14 and 22-28. What powerful reminders do we have in these verses related to Jesus’ blood (i.e. his sacrifice)?

**PRACTICE**

Believers are in God’s Kingdom now, and yet the Kingdom is still a future reality when it comes in full. Two part question: Why do we need to remember that we’re in God’s Kingdom now, and what difference does it make in your life that Jesus is returning to establish his Kingdom?

According to Hebrews 9:14, the blood of Christ purifies a believers’ conscience from dead works to serve the living God. What is so liberating for you personally to realize you can have a pure/clean conscience and serve God?

How should you prepare yourself for communion? Discuss together ways you either do prepare or would like to start preparing for communion when you participate in it.

**CHANGE**

Read Philippians 2:9-11 together in accountability time. Take a moment in honest personal assessment of your “knee” – is it bowed to Jesus in an ongoing, consistent manner? In what area(s) do you need to bow to Jesus as Lord?