

ACBC Exam Study Guide  
Counseling Exam #2

Q: Describe at least six biblical strategies to develop a caring relationship with your counsees. Clearly identify each strategy and ground its use in specific passages of Scripture, explaining its practical utility in building a relationship.

INVOLVEMENT: “Accepting the counselee as important to God and coming alongside in concern and love to help them see their problems, find biblical solutions, and bring about lasting changes for God’s glory and the counselee’s benefit.”

1. PRAY with and for your counselee (Phil. 1:3-4, 9-11)
  
2. Seek to UNDERSTAND them (Pr. 18:13, 15, 17, 20:5; James 1:19)
  
3. Show RESPECT for them (Col. 4:6; James 3:17; Phil. 2:3-4; Rom. 12:10, 15; 1 Pt. 2:17)
  
4. Point them to CHRIST in all things (Heb. 4:15; Acts 20:17-20; 1 Thes. 4:13; John 10:27)
  
5. Help the to understand God’s WORD in light of their situation (2 Tim. 3:16-17; Ps. 119:105)
  
6. Minister to their PHYSICAL needs (Luke 10:29-37; 1 John 3:18; James 2:15-16)
  
7. Involve OTHERS as appropriate (Eph. 4:11-16; Heb. 10:24-25; Mt. 18:15-17; Col. 1:28-29; Proverbs 27:6, 9)

**Key Resources:**

Jay Adams, *The Christian Counselor's Manual* (Zondervan, 1986), 159, 226-227.

Jay Adams, *Compassionate Counseling* (Timeless Texts, 2007), 13-15.

Jay Adams, *The Practical Encyclopedia of Christian Counseling* (Timeless Texts, 2003), 63-64.

Wayne Mack, "Developing a Helping Relationship with Counselees" in John MacArthur, ed., *Counseling: How to Counseling Biblically* (Thomas Nelson, 2005), 101-113.

Paul Tripp, *Instruments in the Redeemer's Hands* (P&R, 2002), chs. 7-8.

Eyrich & Hines, *Curing the Heart* (Christian Focus, 2007), 85-92.

Jeremy Pierre & Mark Shaw, "The Nature of the Biblical Counseling Relationship," in James MacDonald, Bob Kellemen, & Steve Viars, eds., *Christ Centered Biblical Counseling*, (Harvest House, 2013), 309-323.