

Question. Who guides your life? A school counselor helping you pick a college or career? A phone app giving you navigation directions? A TV celebrity like Ellen or Dr. Phil advising your relationships? Matthew Berry making fantasy football suggestions for your team? Or, maybe, you like to lead the lone ranger life with no help from no one?!

Today, we continue our series, "CrossFit". We're looking at 12 daily disciplines to get us into spiritual shape. Today, we look at the corporate discipline of Guidance. In The Study Guide for "Celebration of Discipline", Foster says, "Guidance is the glorious life of hearing God's voice, obeying His word, and being conformed to the image of Christ."

Guidance comes from the Word of God. Everyone wants guidance, to know God's will and way for their life. David, in Psalm 119:105 (ESV), says, "Your word is a lamp to my feet and a light to my path." God's Word helps us look to Jesus, the founder and perfecter of our faith (Hebrews 12:2). God's Word makes us, Christians, complete, thoroughly equipped for every good work (2 Timothy 3:17).

Guidance comes from the Spirit of God. In John 14-16, Jesus promises to send us another Helper, the Holy Spirit. He counsels, teaches, and guides us into all truth. He calls us to faith (Gospel), enlightens us with gifts, sanctifies us, and lives with us forever. Galatians 5:22-23a (ESV) says, “The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.”

Guidance comes from the people of God. In The Celebration of Discipline, Foster says, “God’s will + Christianity = authority.” This week, begin to surround yourself with faithful Christians. And, when you face big decisions in your life and faith, a corporate leading of the Holy Spirit will bring godly discernment, clarity, unity, and direction!

Let’s pray. Lord, in Matthew 18:20 (ESV), Jesus says, “Where two or three are gathered in my name, there am I among them.” Lord, there is power in relationships, both with You and other Christians. This week, help us, no matter what direction or discernment we need, to seek guidance from You, Your Word, Your Spirit, and Your Church!