



"Your Help is Here!"

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October 22, 2017

Psalm 121:1-8 (ESV)

Life is a journey and we can turn to God for help because...

He is the _____; therefore I can seek the one who is above all things for help (vv. 1-2, Matthew 6:33).

He is the _____; therefore I can find peace and rest in the midst of difficult times (vv.3-6, Phil 4:6-7).

"Shomer": _____

He is the _____; therefore I can trust God with my life for the present and the future (vv.7-8, Romans 8:38-39).

CENTRAL TRUTH

Life is a journey filled with unpredictable paths.
God is with you to protect and help you through it all.