

## TAKE A DAY OFF! PART I NOVEMBER 11-12, 2017

### INTRODUCTION

- The Bible tells us we should take a day off!
- As a leader and a man who wants to seek after God's heart I find much of the Christian life a challenge.
- But I find nothing more challenging than honoring the Sabbath.
- Dishonor God's plan and purpose and you will always pay...reap what you sow.
- God's purposes are always life giving.

### I. GOD'S PLAN FOR YOUR JOURNEY

- At the heart of the rebellion of man is the desire to live life on our own terms.
- But those terms often harm us.
- All these things have purpose...there is no secular and sacred.
- So the heart of the matter is do we honor God or not?
- David stopped seven times a day and he was a king with a lot to do!
- But he was also a man after God's heart.
- Psalm 119:164, "Seven times a day I praise you, because of your righteous ordinances."

### II. GOD'S TOP 10 TO LIVE BY

- Exodus 20:1-17 NLT
  1. "You must not have any other God but me.
  2. "You must not make for yourself an idol.
  3. "You must not misuse the name of the Lord.

4. "Remember to observe the Sabbath day by keeping it holy.
  5. "Honor your father and mother.
  6. "You must not murder.
  7. "You must not commit adultery.
  8. "You must not steal.
  9. "You must not testify falsely against your neighbor.
  10. "You must not covet.
- <sup>10</sup>But the seventh day is a Sabbath day of rest dedicated to the Lord your God.
  - Genesis 2:2, God "rested on the seventh day from all His work which He had made."

### III. THE CULTURAL BATTLE

- What if you had a day a week to stop and rest and delight in the Lord and life?
- You think that is impossible because the world has told you it is.
- God says it is crucial to your well-being.
- Emotionally, spiritually and physically
- Many Christians have totally compromised here.
- The word Sabbath = to cease, disappear
- Does it speak to convictions and faith and lifestyle that is not of this world?
- We all need to stop, be still, listen and get our bearings back or we lose our way.
- Hebrews 4:7-11, "...let us be diligent to enter that rest, so that no one will fall..."

### CLOSE

- It is totally about faith.