

# DNA GUIDE

DOXA  
ESSENTIALS

## WEEK 4: We Are Hearted Beings

### DISCOVER (PRE-WORK)

Before and while you read these passages ask the Spirit of God to illuminate your heart and mind and bring conviction and clarity of his truth for your life. Take some time during your own personal study to read through these four key questions:

1. Who is God (what does this passage tell me about God's character)?
2. What Has God Done (how do I see God's character in action here)?
3. Who Am I (How does God's character and action shape how I see myself)?
4. What Do I Do (if I believe 1-3 how would I respond and relate to others)?

**Scripture: Mark 12:28-34**

*QUESTION: What did you DISCOVER during your study?*

### NURTURE

Confess out loud to one another areas of personal struggle or unbelief that the Spirit revealed during your personal study.

In light of this week's sermon, consider these questions together:

1. Why do you think Jesus called "Love the Lord your God with all you heart, soul, mind and strength", the greatest commandment?
2. How can God command us to love him? Does that make sense to you?
3. What does it mean that you are primarily a "hearted, desiring thing" instead of a "logical, thinking thing"? Do you buy that? What are some implications?

4. Pastor Justin suggested that this shift in understanding the Great Commandment has serious implications for discipleship, what might some of those things be?
5. If you were going to “aim” your discipleship at your heart instead of your head, how might you go about doing that?

During this time, let each person share how or where they need to repent and believe the truth of God revealed to them in Jesus. You may need to guide each other to what is true of God and ourselves in light of what Jesus has done. For instance, someone may be experiencing a great deal of dryness or emptiness in their relationship with God. They may need to be reminded that God wants to satisfy the deep thirst of their soul with the living water that Jesus has to offer. The call to repent may look like turning away (repent) from empty sources or corrupt sources that they have been depending up and turning to Jesus (believe) to be the unending supply of soul water. Use this time for confessing out loud the wrong sources and calling out in prayer for God the Father to pour His love into their hearts through his Spirit as they turn to Jesus for help.

*QUESTION: How will you REPENT and BELIEVE the gospel?*

## **ACT**

In light of your time together, what steps will you take to act on your new discoveries and affirmed beliefs?

Consider these questions:

1. What role do the Spiritual Disciplines play in your life currently?
2. How can you interact with God in a way that reflects his “personness”?
3. Which of the Spiritual Disciplines (Scripture reading, Prayer, Solitude, Silence, Community, Evangelism) do you find easiest and most rewarding? Hardest and least rewarding?
4. What will you do different this week/month in regards to these Spiritual Disciplines?

*CLOSING QUESTION:*

What will you DO and who will you TELL about what God has done?