

Overcoming Your Fears in the New Year Pt 1

Intro: David had good reasons to fear. This psalm is a multi-faceted expression of faith in the face of fear. In it we find 6 elements of David's strategy for facing fear by faith: Trusting (vv 1-3), Seeking (vv 4-6), Asking (vv7-10), Following (vv 11-12), Hoping (v13) and Waiting (v14).

Trusting

Vs 1 – the psalm begins with a strong assertion of confidence in Yahweh.

Vs 2 – provides the basis for this confidence. It is an autobiographical reflection.

Vs 3 – David's reflection in verse 2 gives rise to his present trust and confidence. "Experience breeds hope and confidence" Richard Sibbes

Verses 1-3 teach that faith begins to overcome fear by trusting in God's protective love as experienced in the past.

LIGHT: (Ps 23:4, 119:1-5; Jn 1:4-5, 8:12; Rom. 8:28-29; James 1; 2 Cor 4:17-18)

SALVATION: (Judges 3:9; Ex 15:2; Rom 8:1; 1 Jn 4:17-18; Rom 6:6)

STRONGHOLD: (Prov 18:10; 2 Cor. 1:3-5, 8-10; Rom 8:35-39)

Concluding thoughts: