



Outline – Sunday School, March 19, 2017

Sermon Title: “Bless the Lord, O My Soul”

Topic: “The Worship of The Mature” Part 1

Text: Psalm 103:1

Context: The *Pit* of the Psalmist- The Reality of Affliction. Psalm 102

Content: The *Praise* of David- The Response to Affliction. Psalm 103-105/Eph 1:3-14

Point #1: The personal obligation of the soul: a command to *kneel*. vs 1a/Ps. 57:7-9; 146:1-2; 104:1

- a) Outburst: Enthusiasm, Joyfulness, Gladness, Holy awe...
- b) Order: Bless = ‘*barak*’ – to kneel, bow, reverence; the expression of adoration/worship
- c) Ownership: his obligation, responsibility, duty, requirement, law, chief end and goal is to Worship/glorify God.
- d) Object of worship: the LORD = YHWH/JEHOVAH

Point #2: The priority of obedience from the heart: a covenant to *keep*. vs 1b

- a) The *subjecting* of the entire being: soul, spirit, body; mind, might, mouth = the heart. Ps 86:12; 111:1; 138:1
- b) This is *seen* in the law: Exodus 20:1-11
- c) This is *summarized* by love: Deut 6:4-6/Mark 12:30-33/Rom 13:8-10
- d) This is *satisfied* (fulfilled) in/by our Lord: John 15:13/Rom 10:4
- e) The love of God is *shed* aboard in our hearts by the Holy Spirit. Romans 5:5

Point #3: The preeminence of the Object of Worship: a Christ-Centered *knowledge*.

- a) Holy = *qodesh* [H6944] – apartness, holiness, sacredness, separateness (root: to be set apart, be consecrated).
- b) Name = *shem* [H8034] – reputation, fame, glory...
- c) LORD = YHWH/Jehovah from the Hebrew term *haya* – which means *to be or exist*. Which renders the meaning “The Existing One.” (Aseity-God independence) Psalm 90:2/Romans 11:36
- d) The honor and exaltation of the Son by the Father and its purpose. Phil. 2:9-11

Conclusion: As David commands his soul to bow his knee to kneel before God in adoration and worship of who he is, he is kneeling before Christ in awe of his holy, majestic and glorious name; to the Glory and honor of God the Father. Come, let us adore him!