

(1) An Opening THOUGHT

"If the amount of energy lost in trying to grow [was] spent in fulfilling rather the conditions of growth, we should have many more cubits to show for our stature."

- Henry Drummond

(2) Read the TEXT Together

Matthew 22:37 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind."

John 17:3 Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

Phil 3:7-8, 10 But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ ...I want to know Christ...

(3) Key POINTS

Four keys to growing in worship, growing our relationship with God through Jesus...

- Prayer is our conversation with Jesus.
- Scripture is our source of truth about God and us.
- Church worship fuels our passion and connects us to Jesus' body.
- Joyful, real-life obedience is the ultimate display of our worship.

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Do you have questions or comments about this resource?
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GROUPS RESOURCE

A WEEKLY GUIDE TO HELP GROUPS FOLLOW JESUS TOGETHER



(4) Looking to the WORD

The four key points for this week have strong grounding in Scripture. Spend time reading and considering how each writer describes its importance. (Pick a few of each as time permits.)

- Prayer: Mat 21:13, 21:22, 26:41; Eph 6:18, Phil 4:6, Col 4:2, James 5:16, Rev 5:8
- Scripture: 2 Tim 3:15-17, 2:15; Psa 119:105, Heb 4:12, Eph 6:17, Col 3:16, John 5:39-40
- Church worship: Psa 27:4, 34:1-3, 84:1-2, 10; 96:1-4, 100:1-5; Col 3:16, Heb 10:24-25
- Joyful, real-life obedience: John 15:11, 10:10; Rom 12:1-2, Eph 2:10, Psa 1

(5) Looking at our WORLD

Jeremy shared about the biblical examples of Josiah (2. Scripture) and David (3. Worship), and examples within our church family, Alissa and Helen (4. Joyful, real-life obedience).

- Where have you seen these four Key Points lived out well?
- Where have you seen them lived out poorly?
- What is the outcome / result of these practices in the lives of others and ourselves?

(6) Looking at our LIVES

- Take a spiritual inventory of your life. How are you engaging in the four key areas? (Is there prayer? Is there growth in Scripture? Is there worship with the body? Is there repentance of sin and daily, joyful, real-life obedience?)
- Jeremy talked about a shift FROM feeling guilt over our shortcomings in these areas TO an opportunity to dig in and know God better this year. Talk about ways that God is prompting you to grow.

(7) Looking AHEAD and PRAYING Together

Here are this week's On-Ramps: *(Pick one you want to go after first.)*

- **Prayer.** Make a short list of things you'd like to talk to God about, and schedule specific times throughout the week to pray.
- **Scripture.** Make a plan to read the Bible daily, and ask God to make it a relational, practical experience for you.
- **Church Worship.** Commit to coming on time, engaging deeply, and leaving late.
- **Obedience.** Get real about living your faith in real life.