

Sermon Text Discussion 7/2/2017

"Wisdom and the Renewal of Our Emotions" by Drew Hunter

Overview

Proverbs speaks to more than how to think and act, but also to how to feel.

1. The significance of our emotions
2. The wisdom of our emotions
3. The healing of our emotions

Quotations

"For that which He [Jesus] has not assumed He has not healed." -Gregory of Nazianzus

"Wise men have an emotional life." -Drew Hunter

"It can be wrong not to be angry." -Drew Hunter

Understanding & Application

- 1) Where would you put yourself on a spectrum of undervaluing emotions at one end (ignoring or suppressing them) versus overvaluing them at the other (being ruled by them)?
- 2) Have you thought of yourself as morally responsible for your emotions? Read Galatians 5:19-23 and note the words that involve emotions, both in the works of the flesh and the fruit of the Spirit. In verse 24, what does it mean to crucify the flesh with its passions?
- 3) Drew urged that feelings of anger reveal something about what we love and value. Think of a time when you were angry recently. Why were you angry? What was it that you love and value that was being threatened? Do you think God felt the same way? That is, was it something on which he puts great value?
- 4) Consider some biblical examples when God or Jesus were said to be angry. What do these reveal about what God loves and values? (Some examples are Jeremiah 4:1-4, Hosea 5:10, Zechariah 8:1-2, Mark 10:13-16, Matthew 21:12-13, Matthew 23:25-26 [and other examples from Matthew 23].)
- 5) Read Ephesians 5:25-32 and reflect on these commands in light of some of the proverbs we have considered in recent sermons. (For example, Proverbs 11:1, 14:29, 31:18-20, 12:25, and 1:7.)
- 6) Read Isaiah 53:4-5. How is it that Jesus can heal our emotions? What does it look like to go to Jesus for emotional healing? Can you share an example from your life or someone else's?