



Community Group Study: Drowning
Pilgrim Songs | Psalm 130 | week of July 16

GETTING STARTED

- Can you think of a time in your life where you felt completely overwhelmed by the weight of your own sin? Think back to that point in your life, begin tonight with a silent prayer of thanks to God who has delivered you from that pain.

- What do you think is the problem with a faith without conviction of sin?

Read Psalm 130.

DISCUSSION & APPLICATION

- What emotion is the Psalmist trying to evoke out of the readers? Why do you think he desires to capture that emotional context?

- Do you agree with the idea that fear comes from forgiveness of sin? Look at verse 4, why does the Psalmist desire his readers to know about fear of the Lord? Why does it matter?

- Look at the repetition in verse 6, what emotional context is the Psalmist trying to capture? Give an example of a time in your life you were at this point.
- How should we use scripture in our daily lives as we wait upon the Lord?
- Think about that moment in your life of being consumed by the gravity of your own sin. How can you practically use this as a means to sharing the gospel with an unbeliever in your life?
- What does this passage teach you about God and his character?
- How does this passage call on you to change the way you live?

NEXT STEPS

- **Memorize Psalm 130:5-6.** This week dwell on the satisfaction that is found in placing our hope in Christ and in his Word. Let our prayers be this week that we will wait upon the Lord in eager anticipation through his Word and in prayer.