



Community Group Study: "Almost Well"
Pilgrim Songs - Part 9 | Psalm 134 | week of July 30

GETTING STARTED

- What is the most memorable gift you were given as a child? How did you react? At the time, were you more excited about the gift or the giver of the gift?

Read Psalm 134.

DISCUSSION & APPLICATION

- In verses 1-2, how does the psalmist describe the posture of a worshipper? What is the significance of this posture?
- How does the gospel - the "good news" that God saves sinners - shape *how* we worship and *why* we worship?
- One "broken" view of worship that we often operate from is the idea that worship is all about what we *do*. Read Luke 10:38-42. How are Mary's attitude and actions more like true worship than Martha's?
- How can we cultivate the kind of attitude Mary has toward the Lord so that we can "bless him" as the psalmist commands?

- **What do you think it means in verse 3 for the Lord to “bless you”?**

- **Often, we care more about the blessing we want to receive from God than we do God himself. Why is this a problem? What are its consequences for true worship?**

- **It is easy to assess what you value most - God or what God might do for you - with these questions:**
 - **How do you feel about God when life is abundant, surprisingly good, or peaceful?**

 - **How do you feel about God when life is hard, disappointing, or ridden with anxiety?**

If your answers to those questions are different, what does that tell you? If they are the same, what does that tell you?

- **How can we cultivate hearts that treasure God himself more than the gifts God gives us?**

- **A life lived to bless and be blessed by God is a life worth living - a journey worth taking. How can you be sure that you are on the right journey today?**

NEXT STEPS

- **Memorize and meditate on the words of Paul in Philippians 3:7-8 this week.**

- **Ask God to bring you one opportunity this week to testify to his goodness and grace (to worship him) with a person who is far from him.**